Dr. Sascha Jovanovic's 15 POINT GBR PROTOCOL

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2. Prepare soft tissues in the GBR/implant site before, during, and/or after treatment to increase mucogingival thickness and keratinization

- 3. Full-thickness flap elevation (remote or papilla preservation)
- 4. Clean and perforate bone surface
- 5. Release periosteum to advance flap to achieve tension-free closure
- 6. Trim membrane native collagen (horizontal GBR) or dPTFE (horizontal/vertical GBR)
- 7. Harvest autogenous bone with scraper and place in saline/blood
- 8. Prepare xenograft with saline/blood
- 9. Mix bone graft in a 1:1 ratio of autograft to xenograft
- 10. Apply and fix membrane with suture/tacks/screws
- 11. Place bone graft mixture
- 12. Adapt and fix membrane to cover the complete bone graft
- 13. Advance flap and close using PTFE suture with horizontal mattress and single interrupted
- 14. Temporize site with no tissue contact
- 15. Allow healing period of 6+ months for horizontal GBR cases and 9+ months for vertical GBR cases

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